

Annie Sophia Larkin

Senior Leadership Consultant



CERTIFICATIONS

- The 7 Habits of Highly Effective People®
- The 4 Essential Roles of Leadership®
- The 6 Critical Practices for Leading a Team™
- Leading at the Speed of Trust®
- The 5 Choices of Extraordinary Productivity®
- Presentation Advantage®
- Navigating Difficult Conversations: Turn Tension into Progress™
- Certified Organisational Coach; IECL- Institute of Executive Coaching and Leadership
- Diploma of Leadership and Management
- Diploma of Business
- Diploma of Human Resource Management
- Certificate IV in Training and Assessment
- Genos® International Emotional Intelligence Accredited Facilitator
- Lego® Serious Play® Accredited Facilitator
- Springboard to Creative Problem Solving Facilitation, CSPI, New York

CLIENT AND INDUSTRY EXPOSURE

Banking & Finance; Technology; Telecommunications; Energy; Insurance; Pharmaceuticals; Healthcare; Property; Infrastructure; Mining; Construction; Marketing; Media & Communications; Beauty; Luxury Retail; Customer Service; Employment; Education; Engineering; FMCG; Hospitality; Transport; NFP; Aged Care; Federal, State & Local Government departments & agencies.

Annie Sophia is a highly professional, experienced and engaging training consultant, facilitator and organisational coach who has worked extensively across a range of industries and sectors both nationally and internationally.

Annie Sophia focuses on designing and delivering innovative and impactful leadership and professional development programs, bringing a depth of knowledge and relevant experience to a range of projects.

In a career spanning over twenty years, Annie Sophia has worked in a number of sectors and modalities from broadcast television, investment banking, advertising campaigns to communications and personal branding consulting and coaching in both Australia and the United Kingdom. Her focus in the last nine years has been in supporting leaders and individual contributors develop the mindset, behaviours and skills to reach their potential and achieve results.

Annie Sophia's key objective is to partner with clients to design and deliver programs that have measurable returns and tangible outcomes back in the workplace- and in life. She supports leaders and teams embed the skills through individual and group coaching.

Annie Sophia's passion for supporting others shows with her natural ability to captivate and energise her audience, inspiring all who work with her to make incremental and meaningful behaviour and mindset change to achieve their success.

PROJECTS

Professional Development: Leadership Capability; Change Leadership; Personal Effectiveness; Communication Skills; Emotional Intelligence; Coaching and Mentoring.

Custom Projects: Global Leadership Programs; Building High Performing Teams; Leading with Emotional Intelligence; Communicate with Confidence; Influencing Skills; Stakeholder Management; Personal Branding & Executive Presence; Giving Effective Feedback; Managing Competing Priorities; Motivate & Engage Teams; Human Resources Management Skill Set.

Trainer Series: Train the Trainer; Facilitation Skills; Creative Problem Solving; Lego® Serious Play®; Gamestorming; Presentation Skills.